# GraceManor SUITES ASSISTED LIVING

# October 2023

# Sunday 10/1

9am Walk and Stroll (OS) 10am Card Game Crew (AR) 2pm Sunday Worship (AR) 4pm Meet and Greet (RR)

#### Monday 10/2

9am Walk and Stroll (OS) 10am Sit and Fit (AR) 2pm Bingo (AR) 4pm Card Game (AR)

# Tuesday 10/3

9am Walk and Stroll (OS) 10am Sit and Fit (AR) 11am Creative Arts (AR) 2pm Hungry Hippo (AR)

#### Wednesday 10/4

9am Walk and Stroll (OS) 10am Sit and Fits (AR) 11am Trivia (AR) 2pm Bingo (AR)

#### Thursday 10/5

9am Perk Up (L) 10am Sit and Fit (L) 11am Money Ball (AR) 3pm Guitar Gal (DR)

# Friday 10/6

9am Bealls Outlets (L) 11am Sit and Fit (AR) 2pm Bingo (AR) 4pm Card Game Crew (AR)

#### Saturday 10/7

9am Sit and Fit (AR) 10am Perk up (L) 11am Cards Crew (AR) 2pm Pool Game champions (AR)

# Sunday 10/8

9am Walk and Stroll (OS) 10am Bible Study (L) 11am Puzzle Crew (AR) 2PM Cards (AR)

#### Monday 10/9

9am Walk and Stroll (OS) 10am Sit and Fit (AR) 11am Trivia (AR) 2pm Bingo (AR)

# Tuesday 10/10

9am Walk and Stroll (OS) 10am Jakki Therapy (AR) 11am Sit and Fit (AR) 2pm Men's Club with Barry (GM)

# Wednesday 10/11

9am Walk and Stroll (OS) 10am Lets Get Fit (AR) 11am Balloon Volley (AR) 2pm Women's Club with Felicity (AR) 3pm Bingo (AR)

#### Thursday 10/12

9am Walk and Stroll (OS) 10am Sit and Reach (AR) 11am Pumpkin Cornhole (AR) 2pm Entertainment with Jason (DR)

#### Friday 10/13

9am Charlies Family Restaurant Resident Outing (L) 10am Puzzle Crew (AR) 11am Creative Arts (AR) 2pm Bingo (AR) 5pm Yahtzee (AR)

#### Saturday 10/14

9am Mix and Mingle (RR) 10am Garden Gazing (BP) 11am UNO (AR) 2pm IN2L (AR)

#### **Sunday 10/15**

9am Walk and Stroll (OS) 10am Worship Class (AR) 11am Card Crew (AR) 2pm Puzzle Crew (AR) 4pm Bible Study (AR)

# **Monday 10/16**

9am Noodle Reach (AR) 10am Trivia (AR) 2pm Card Game (AR) 4pm Billiards (AR)

#### **Tuesday 10/17**

9am Walk and Stroll (OS) 10am Sit and Reach (AR) 11am Spooky Ring Toss (AR) 2pm Resident Council (AR) 4pm Creative Arts (AR)

#### Wednesday 10/18

NATIONAL CHOCOLATE CUPCAKE DAY!! 9am Walk and Stroll (AR) 10am Sit and Reach (AR) 11am Creative Arts (AR) 2pm Movie and cupcakes (AR) 4pm Card Crew (AR)

#### Thursday 10/19

9am Walk and Stroll (OS) 11am Sit and Reach (AR) 2pm Pumpkin Tic Tac Toe (AR) 3pm Entrainment with Sam

(AR)

### Friday 10/20

9am Lakeland Mall Resident Outing (L)
10am Walk and Stroll (OS)
11am Sit and Fit (AR)
2pm Lima Bean Auction (AR)
3pm Bingo (AR)

#### Saturday 10/21

9am Walk and Stroll (OS) 10am Bible study (AR) 11am Card Crew (AR) 2pm Billiards (AR)

#### Sunday 10/22

9am Garden Walking (BP) 10am Worship (AR) 11am Creative Arts (AR) 2pm Puzzle Crew (AR)

# **Monday 10/23**

9am Walk and Stroll (AR) 10am Sit and Fit (AR) 11am Pumpkin Bobbing (BP) 2pm Bingo (AR) 4pm Card Crew (AR)

#### Tuesday 10/24

9am Walk and Stroll (OS) 10am Sit and Fit (AR) 11am Pumpkin Bowling (AR) 2pm What's in the Box? (AR) 4pm Fall Trivia (AR)

#### Wednesday 10/25

9am Walk and Stroll (AR) 10am Sit and Fit (BP) 11am Trivia (AR) 1pm Bingo (AR) 3pm Birthday Bash With Deborah! (AR)

#### Thursday 10/26

9am Walk and Stroll (OS) 10am Sit and Fit (AR) 11am Town Hall with Barry (AR) 2pm Entertainment with Jason (AR)

# Friday 10/27

9:30am Lake Mirror Resident Outing (L) 10am Walk and Stroll (OS) 11am Creative Arts (AR) 2pm Suite Store (AR) 5pm Trunk or Treat (OS)

#### Saturday 10/28

9am Mix and Mingle (RR) 10am Garden Gazing (BP) 11am UNO (AR) 2pm IN2L (AR)

#### Sunday 10/29

9am Walk and Stroll (OS) 10am Worship (L) 11am Puzzle Crew (AR) 2PM Cards (AR)

#### **Monday 10/30**

9am Walk and Stroll (OS) 10am Sit and Fit (AR) 2pm Creative Arts (AR) 3pm Bingo (AR)

#### Tuesday 10/31

Halloween 9am Walk and Stroll (AR) 10am Sit and Fit (AR) 2pm Cookie Decorating (AR) 4pm Creative Arts (AR)

# KEY

AR- Activity Room 1st Floor DR- Dining Room MR- Movie Room 2nd Floor S- Salon 1st floor BP- Back Patio L- Lobby 1st floor GR- Game Room 3rd Floor OS- Outside FP- Front porch RR- Room to Room TBA – To Be Announced

Activities are weather Permitting and subject to change!

